



May 4th 2021 | 18:00h

## "Values based practice"

Online discussion with Dr. Robert Dudas

In Western countries, over the last two decades evidence-based medicine or EBM has become the dominant approach to help doctors choose between diagnostic and treatment options. Although EBM can guide us about the efficacy and safety of these interventions, it is silent about the personal importance attached to them by patient and doctor, i.e. their relevant values. To address this a complementary framework of clinical theory and skills, called values-based practice (VBP), has been developed to facilitate a good process whereby the (often conflicting) values involved can be recognized and balanced productively. I am hoping to discuss how VBP can help us explore the values of psychiatry and how psychiatry can contribute to addressing some of the current limitations of VBP.

**The discussion will be held online. Please register via E-mail to [sophie.hansal@univie.ac.at](mailto:sophie.hansal@univie.ac.at) and use the following link to participate:**

**<https://univienne.zoom.us/j/97132094361?pwd=SFUzeXVyb3B4VmE5cDVQNndlZ243QT09>**

Robert Dudas is a practising clinician in Old Age Psychiatry and a Visiting Researcher at the Department of Psychiatry, University of Cambridge and an Honorary Senior Lecturer at the University of East Anglia, Norwich. His research interests span borderline personality disorder, autism, perinatal mood disorders, and dementia, as well as the medical humanities. He is also a member of The Collaborating Centre for Values-based Practice at St Catherine's College, Oxford.

